

USA NOTES

University/Schools Alliance—*Partners in Prevention* www.udel.edu/usa

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The Alcohol Cycle

Alcohol and binge drinking are associated with many of the high risk behaviors parents worry about—violence, sexual assault and sexual risk-taking, suicide, homicide, criminal activity and arrest.

Two out of every three Delaware 11th graders has drunk alcohol in the past year and two in five have had a drink in the past month. More than one in four reports binge drinking (defined as three or more drinks at a time for this age group) in the past two weeks—so almost two thirds of those who drink are binge drinkers.

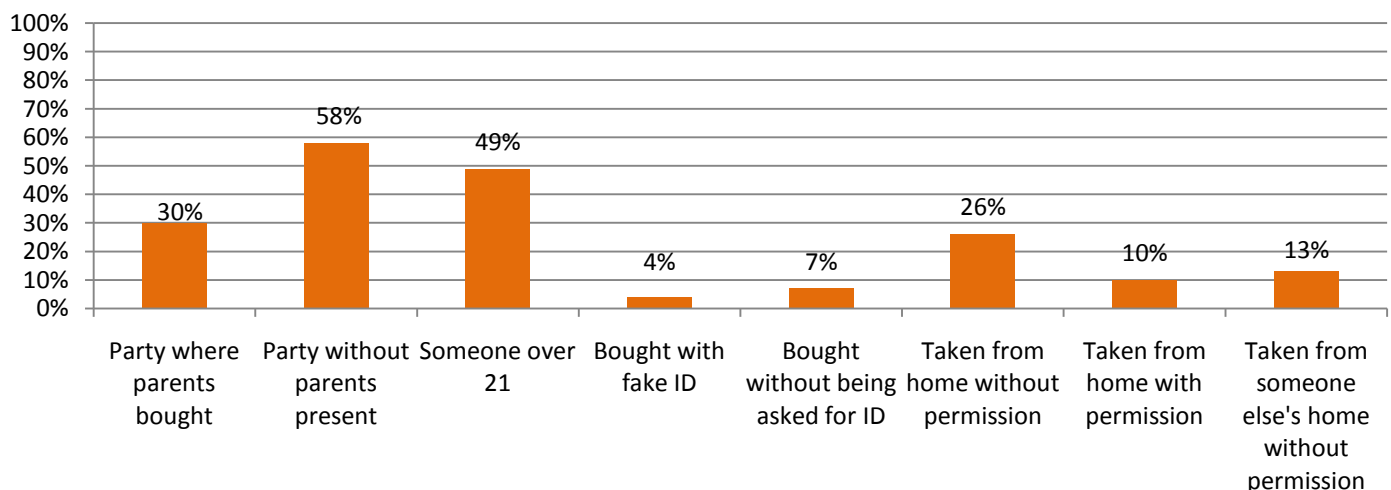
Where do they get the alcohol?

Teens mostly get alcohol from adults or from teens who get it from adults. Those who



report getting from home with permission are more than twice as likely to sell or give it to others. They are also almost three times more likely to be heavy drinkers—drinking 20 or more times in a month—than students who are not being supplied by parents with alcohol. Binge drinking rates in Delaware remain high into middle adulthood, providing a pool of parents to provide alcohol to their teens, who then share with their peers.

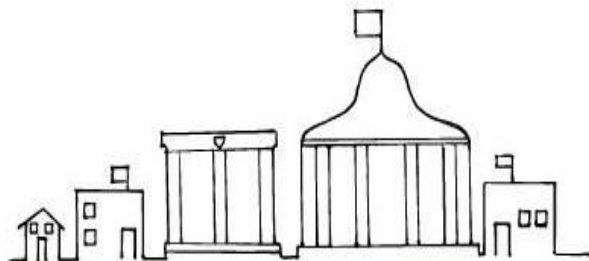
Sources of Alcohol for Teen Drinkers



University/Schools Alliance thanks the Delaware Drug and Alcohol Tracking Alliance (DDATA) for data analyses and other information. Information concerning substance use in Delaware for youth and adults is available at: www.udel.edu.delawaredata.

University/Schools Alliance is a coalition of New Castle County public, private and Diocese high school and the University of Delaware working together to:

- *Reduce substance use among Delaware secondary school students*
- *Create and support networks of students, parents, school and community sharing resources, strategies and support to sustain youth substance use reductions*



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UPCOMING EVENTS:

Coalition Meetings:

November 12— UD Cooperative Ext. 3:30 PM

December 10—Arcadia University 3:30 PM

Parent Chats:

Other Trainings and Events:

On Applebee Pond Puppet training (students in grades 6-12 learn to provide puppet shows for students in grades K-3 with themes on smoking, decision-making and more)

University/Schools Alliance is a federally funded Drug-Free Community (Office of National Drug Control Policy and U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention). Data from the 2008 Delaware School Survey, University of Delaware, Center for Drug and Alcohol Studies